



# *Prescott Wellness Expo*

SEPTEMBER 17, 2022

9AM TO 8PM

## Conference Program & Resource Guide

PRESENTED BY:



THREE  
GODDESS GARDENS

SPONSORED BY:



Gentle  Dental<sup>®</sup>

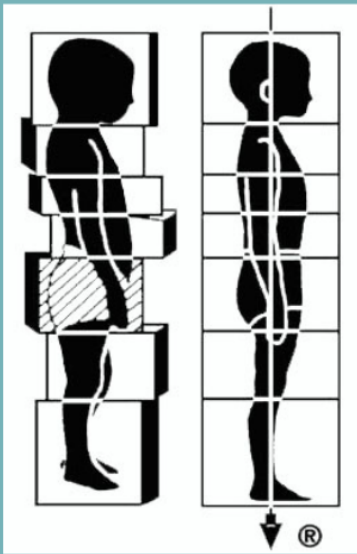


# THREE GODDESS GARDENS

Three Goddess Gardens, a community wellness corporation, provides a space to nourish seeds of change within ourselves and throughout our community.

We aim to reconnect our community with gatherings and events geared towards sharing knowledge, experiential wisdom, and support to elevate ourselves and local small businesses through whole-person wellness concepts.

[www.threegoddessgardens.com](http://www.threegoddessgardens.com)



Resolve Pain  
Restore Balance  
Increase Flexibility  
Improve Posture

**INVEST IN YOUR BODY**

**Helen Goodrum**

Rolfer®, Rolf Movement

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Thank you for helping us  
grow our community  
wellness corporation!

# Speaker Schedule

930a Welcome & Opening Ceremony

10a Keynote Speaker: Sex is a Conversation,  
Soul Fire Productions: Heather Hillenbrand

## On the Porch Indoors

(Across the street, The Porch Cafe, 226 N Montezuma)

11a Building Resilience through the Heart,  
Mindful Measures, Melisa-HeartMath Trainer

12p Discovery of Orgone Technology & Modern Applications,  
Orgone/EMF Protection by Ken

2p: Three Tips for Well-being,  
Healthworks Katharine Clark, RN

## On the Stage Outside

11a Optimizing Health for your Animal Companion,  
Dr. May's Veterinary House Calls

12p Simple Solutions to reduce toxins for body & home,  
Three Goddess Gardens, Tiffany & Norwex by Cindy

1p Train for Life, Fit at Any Age,  
Cathy Clements 50+ Fitness

2p Vicious Cycle that Kills,  
CellularTea.com, Andrew Wilson

3p Sound Healing Session, Oak Tree Healing

5p Closing Ceremony, Grand Prize Drawings:  
Three Goddess Gardens

# Wellness Business Resource Directory

Gentle Dental Prescott  
(928) 227-3818

Cathy Clements 50+ Fitness  
(912) 602-8486  
cathysclements.com

The Mobile Health Doc  
(928) 298-3349  
themobilehealthdoc.com

Honeylace Crafts  
(310) 912-4364

Kozmic313  
Kozmic313.etsy.com

Norwex by Cindy  
(714) 728-7716

Orgone Energy Devices  
orgone.rocks

Moon Genie Manifestations  
(719) 717-1546  
moongeniemaniestations@gmail.com

Carol Ines Creations  
(631) 901-8544

Reiki for the Soul  
(602) 862-8680  
threegoddessgardens.com/reikiforthesoul

Oak Tree Healing  
threegoddessgardens.com/oaktreehealing

Propagate Prescott  
(775) 412-2568  
propagateprescott@gmail.com

Helena, Intuitive Healing  
(928) 583-3892

Angelic Earth Resonance  
(928) 642-7764  
angelicearthresonance.com

Healthworks, Katharine Clark RN  
(808) 936-9408  
KatharineClarkRN@gmail.com

Four Corners Kambo/Mindful Measures  
(928) 499-8106  
fourcornerskambo.com

Renewal by Andersen  
prescottwindow.com

Soul Fire Productions  
soulfireprod.com

Dr. May's Veterinary House Calls  
(310) 614-3530  
veganvet.net

Artful Healthcare  
(510) 543-4994  
www.ArtfulHealthcare.com

Three Goddess Gardens  
(928) 830-7234  
threegoddessgardens.com

## PrescottWellnessExpo.com

for info on community wellness events, subscribe to our newsletter

"It takes a village" Share your talents to support our community events! Email [prescottwellnessexpo@gmail.com](mailto:prescottwellnessexpo@gmail.com)