

Insight Growth Mind Body  
Alignment Insight Growth Mind Body  
Discovery Alignment Insight Growth Mind Body  
Wellness Health Self-Discovery Alignment Insight Growth Mind Body  
Connection Wellness Health Self-Discovery Alignment Insight Growth Mind Body

*Mind*

*Body*

*Soul*

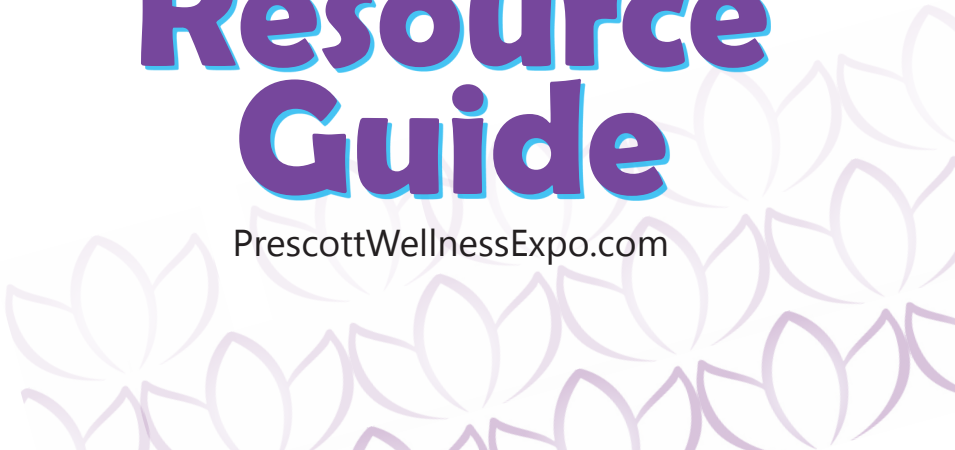


**April 1<sup>st</sup> 2<sup>nd</sup> & 3<sup>rd</sup> 2022**

# **Prescott Wellness Expo**

# **Resource Guide**

[PrescottWellnessExpo.com](http://PrescottWellnessExpo.com)



# What's inside your mattress?



All Natural Latex Foam  
Made By Nature

or

Petroleum-Based Foam  
Made with Toxic Chemicals?

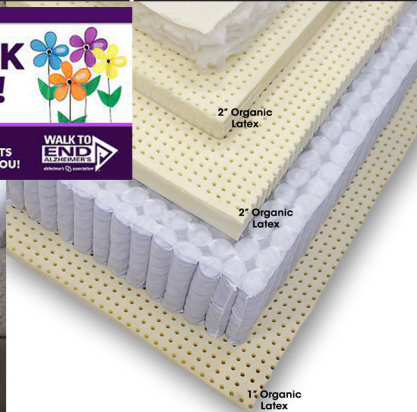


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“The First Wealth is Health”

Ralph Waldo Emerson



# Founders



## *Three Goddess Gardens*

My name is Tiffany Seale. I was born in a suburb of New Orleans, and lived to be outside! I was always riding bikes, playing in ditches, and didn't go home until the street lights came on. When I was 8, we moved to a farm in Tennessee, where I continued to enjoy being more in nature than anywhere else. After years of being bullied for my intellect, my acne, my braces, and anything else others could find as a flaw, I told myself I was meant for something bigger. I thought that meant a bigger city. After moving around to go to college, then joining the Air Force and becoming a mom, I realized it wasn't about a bigger city, but a bigger purpose. Through challenges of childhood and adult sexual abuse, bullying, being overweight, two divorces, chronic illnesses with joint pain, and undiagnosed mold toxicity, I was forced to find my own healing path to survive. My inner voice was silenced by the voices of everyone around me. I had to learn how to listen to myself, to trust in myself, and to know that I am important.

I live in gratitude each day knowing that the trials I have faced on this journey of mine was so I could develop the wisdom and knowledge to help others learn how to shine their own inner light brighter each day. Because we ALL deserve to live in JOY, LOVE, and GRATITUDE. Together, we RISE and SHINE! Kindness = Wellness and it starts from within by being kind to yourself! Thank you for attending the Prescott Wellness Expo! Blessings, Tiffany



## *Queen Jeanne*

"Queen Jeanne" Murphy is passionate about educating and empowering people to take charge of their own health and wellness. She joined forces with Three Goddess Gardens to create an empire to give the people of Prescott a place to learn about living their best life.

## Sara

Sara Seale, Age 17



From a young age, my memories are mostly of just me and my mom. Some are full of joy, and others are of struggle and challenge. When I was 16 years old, I was at a point in my life where I was contemplating what I wanted my passion to be. In the past few years, I have tried many hobbies and activities to find something I loved doing. I attended a community college class,

Intro to Drawing, as a 7th grade homeschooler. I know

I am very creative and love art, but didn't find passion in drawing. So I wanted to dig into photography. With the help of my mom, and soul-grand-mother, we found a camera. Since, I have taken it with me on every hike and journey we go on to capture moments for others to experience as well. Sharing energy of joy and awe with others is what I aim to accomplish with my photography. I am excited to explore event photography at the Prescott Wellness Expo!

The Eye of Nature Through Photography: "Look deep into nature, and then you will understand everything better." -Albert Einstein.

## Josselyn

Josselyn Seale, Age 11



One day my mom told me, "You have a gift, Josselyn. Use that to your advantage." Then she said "You should learn Reiki." Reiki is a form of energy healing and she said it would be a great skill for me to learn as a young person. As we started our reiki classes, I was excited to finally have a business opportunity. She also noticed

I liked to make jewelry so she said I could do reiki

infused jewelry. Honestly at first I wanted to do every 10 to

15 year old job like babysitting, pet sitting, or yard work. When we started to learn Reiki, I was happy and wanted to keep doing this. My mom knew I had a gift long ago. She also said if I use that tool I could become something great! My mom has helped me from the start and I know she will help me to finish. She has been such a big part of my growth and she has and will continue to help me. That's just the mom she is! I have been waiting since January for the Prescott Wellness Expo and it's finally here! I hope you guys enjoy this expo. My mom has given her all! Thank you for coming! Stop by my Reiki booth in the Healing Room at the Expo!

# Findlay

PRESCOTT



# TOYOTA



**(928) 443-8300**

**[www.FindlayToyotaPrescott.com](http://www.FindlayToyotaPrescott.com)**

***Everybody's Hometown Dealer***

# *West Room - Indoor Vendor Area*

## **Yavapai Mattress Warehouse**

Mike & Melodie Bold

## **Healthy Happy and Fit**

Sharon Edwards

## **Dr. May's Veterinary House Calls**

Dr. Armaiti May

## **Beat Wellness, Young Living & Trail Sisters**

Danielle Ott

## **Norwex**

Cindy Gosting

## **Dead Star Press**

Joe Newcomer

## **Purposefully Placed Organizing AZ**

Sharon Chase

## **Cathy Clements Fitness**

Cathy Clements

## **Encompass Physical Therapy, PLLC**

Andrea Durante

## **Bookin' It With Bobbi**

Bobbi Sudberry

## **Learn The Risk**

Tina Marie

## **Serenity's Peace Love and Jewelry**

Serenity Smith

## **Wish Flower**

Sarah Hart

## **Tending to the Jade Chamber**

Ishani Bailey-Wood

## **Three Goddess Gardens**

Sara Seale

## **Montezfit**

Kimberly Montez

## **Spa Petite**

Lisa Zaryczyny

## **Prescott Complete Care**

Kaia Kordosky-Herrera

Zachary Leonard

Joseph Viccica

## **Chef Turtle's Infusion Consulting LLC**

Neil McAlister

## **The Institute of Human Imagination**

Jerry Zaryczyny



### THE POWER OF LIGHT

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Rachel Huvelde  
RN MPA

408-333-9821  
rachel@biolighttherapy.net  
www.biolighttherapy.net  
172 East Merrit Street  
Prescott AZ 86301

## *East Room - Indoor Healing Area*

### **Nature's Medicinary**

Dr. Susan Godman

### **Photonic Therapy Institute**

Kay Aubrey-Chimene

### **BIOLight Therapy**

Rachel Huveltdt

### **SoulJoy Consulting**

Craig Schwartz

### **Three Goddess Gardens**

Josselyn Seale

### **Oracle J**

Jesselynn Desmond

### **Quantum Health Organics**

Candie Castillo

### **Health Disclosure**

Adam Masters

## *Outdoor Vendors*

### **The Gem Trading Post**

Brandon Barr

### **The Happy Hippie**

Steven Ross

### **Restivo's Wrenches**

Scott Restivo

### **Transitional Lifestyle Weight Loss Coach**

Jamie Allred

### **High Desert Herbals**

Rebekah Smith

### **Superb Food Co.**

Ariel Nadleburg

### **AZMEDIQUIP**

Esperanza Conchos

### **Pet HeadQuarters**

Lyman Loputhian

### **Yogi On The Go**

Lisa Bockman Arata

### **Oh Babe**

Stephanie Wetherington

### **Path of Wellness Acupuncture and Healing Arts**

Nicole Berrios

### **Taahaabaah Therapeutic Services**

Andrea Twitchell

### **Transcendence Life Center**

Jen McKinney

### **Polynesian Siva & Siva Sisters Backyard Luau**

Rycci Laulau

### **VanWays**

Sharayah Roche



# *Kid Corner*

Bouncy house and activities for the kids sponsored by Northern Arizona Fellowship of Christian Athletes.



## **NORTHERN ARIZONA FELLOWSHIP OF CHRISTIAN ATHLETES**

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Executive Director



**Chad DeVries**  
FCA Board Chairman



**Anne Marie Ward**  
FCA Board Member

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# Yoga on the lawn

Located next to the Granite Creek Splash Park

## Saturday Sponsored by Bend Hot Yoga Prescott

**9:00 - 10:00am**

Samantha Steingold - Sunrise Flow Yoga

**10:30 - 11:30pm**

Samantha Steingold -Inferno Hot Pilates

**12:00 - 1:00pm**

Christena Vandegrift - Flow and Go Yoga

**1:00 - 1:30pm**

Ann Finley - 5 min Neck Recovery Yoga

**1:30 - 2:30pm**

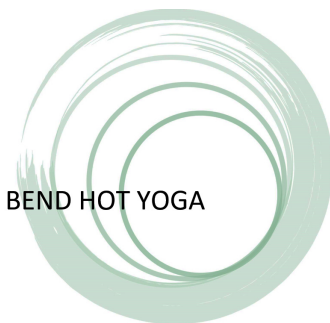
Jon Arriola - Mixed Yoga Practice

**3:00 - 4:00pm**

Natalia Rumsey - Yoga in Spanish for Beginners

**4:30 - 5:30pm**

Eliza Mortensen - TrueRoots Yin Yoga



## Sunday Sponsored by Breathe Play Love Yoga

**9:00 - 10:00am**

Zumba with Tracie: Zumba is a fun fitness program that involves cardio with Latin inspired dance that is easy to follow.

**11:00 - 12:00pm**

Soulful Flow Yoga with Amber is strong and steady and deeply intended on being a tonic for the body and balm for the soul.

**1:00 - 2:00pm**

Yoga with Cathy: Yoga for Longevity, which focuses on alignment.

**2:00 - 3:00pm**

Freestyle Yoga with Jessica: Enjoy the body as it moves freely through gentle flows and balance (all levels welcome).

**3:00 - 4:00pm**

Yoga for Beginners in Spanish: Natalia is passionate about helping beginners in their native language enjoy staying active and moving their bodies.



# Speaker Schedule

## Main Stage Friday April 1<sup>st</sup>

10:15am

### Opening Ceremony

Three Goddess Gardens & Co-Founders of Prescott Wellness Expo



12:30pm

### Cristina Mohr - Blue Lotus Network

#### I Overcame My Diagnosis, and You Can, Too!

Cristina will be sharing her journey through psycho-spiritual crisis with you and what she learned along the way that might help you find a better way to navigate mental wellness recovery.



2:30pm

### Carol Lucia Lopez - Carol Lucia Frequency Healing

#### Self-Empowerment through Conscious Intention

This presentation explains the differences between goal setting and purposefully setting intentions, how we create our own reality, how to set intentions, winding down with a guided meditation that walks you through the process.



4:30pm

### Keynote Speakers

#### Tiffany Seale - Three Goddess Gardens

##### Maintaining Mental Wellness for Parents and Teens

Tiffany will discuss the perspective of bringing individuality into the parent/child relationship. As a single mother of two daughters, 11 & 17 years old, Tiffany recognized early into motherhood that the 'because I said so' dynamic would not be best for a firm foundation to build a healthy relationship. She began exploring and researching growth mindset principles and approaching parenting more as mentorship than dictatorship.

#### Aubrey Taylor - Youth For Freedom

##### Unleashing the Magic of the Future

Teaching both teens and parents the power of our minds, the magic of creating your own reality, and how to transform your mindset in a moment.

Teens are the leaders of the future and it's our mission to UNLEASH the awesomeness inside them.

## Saturday April 2<sup>nd</sup>

10:30am

### Cathy Clements - Cathy Clements Fitness

#### 50+ and Fabulous

Getting and Staying Healthy into the Second Half of Life. Cathy believes fitness and nutrition should be fun! Cathy Clements unofficially began her career in fitness and nutrition during college when she took a nutrition course and began competing in triathlons, 10Ks, half marathons, and marathons.

1:30pm

**Ishani Balley-Wood** - "The Vagina Doctor"

**Women's Wellness**

Ancient Chinese Secrets to unlock feminine health and balance.



3:30pm

**Dr. Nick Schembri** - Prescott Family Chiropractic

**Men's Wellness**

I will be discussing 3 general categories of men's health. Chemical, Physical and Emotional. I will spend much of my time on Exercise and Xenoestrogens.



5:30pm

**Keynote Speaker**

**Kay Aubrey-Chimene** - Photonic Therapy Institute

**Shift into 'Rest & Digest' with Light**

Rapidly Shift the Body Into "Rest & Digest" with Targeted Light to Improve the Outcome of any Therapy

*Sunday April 3<sup>rd</sup>*

12:00pm

**Dr. Armaiti May** - Dr. May's Veterinary

**House Calls: Wellness for our Pets**

An ounce of prevention is worth a pound of cure. This is as true for our furry friends. Keeping animal companions healthy includes attention to their physical, emotional and mental well-being. A holistic view of wellness involves proper diet, water, and environmental awareness.



2:00pm

**Keynote Speaker**

**Oracle J**

**The Path of Least Resistance & Sound Healing**

Learn tips, tricks and tools to overcome any obstacle in your life using the techniques from the "Path of Least Resistance" book while also aligning the Spirit, Body, & Mind. Presentation/Workshop is a fun interactive dialogue which includes breath work, meditation, discourse, & games! Participants will learn how to bypass roadblocks to become unstoppable in living a life of their dreams and to tap into their higher self, increasing intuition, synchronicities, manifestation, and joy.



4:15pm

**Polynesian Siva Dancers Hula Performance**



4:30pm

**Closing Ceremony**

# Exclusive Controversial Conference Room

## "The Speakeasy"

Friday April 1<sup>st</sup>

11:00am - First Talk Free

**Rachel Huveldt** - BIOLight Therapy

### The Power of Light

This presentation is for individuals looking for a holistic way to manage acute and/or chronic pain and other illnesses. There will be an overview of Light Therapy (photobiomodulation) and a hands-on demonstration of light therapy.



1:30pm - \$10

**Scott Moyer** - The Biological Advantage

### The Psychology of Wellness

Most advice on health and wellness is focused on what we should eat, drink, take, get, or do, for best results. This information can be useful, most people first need a deeper understanding of themselves in order to take effective action.



3:30pm - \$15

**Adam Masters** - Health Disclosure

### The Magic of Healing Mental Health - Collapsing the Sine Wave of Disease

Adam says, "All disease goes through a Health Matrix so can be solved using it".

Find out his secrets at his talk on Mental Health from a different perspective.

Saturday April 2<sup>nd</sup>

9:30am - \$10

**Cristina Mohr**

### Patient Self-Advocacy in the ER

No one is immune to a possible mental break and you should have plans in place prior to that possibility. Cristina is going to share tips and tools on how to prepare yourself, should you need to take a trip to the ER for a crisis, including information certain institutions may not want you to know.



12:30pm - \$10

**Tina Marie**

### The Warrior Within

The Warrior Within - Explore the leader within you that you were always meant to be... In a world of increased government intrusion and oversight, the world needs our strength, and WE are the army this world needs!



2:30pm - \$10

**Bobbi Sudberry**

Attendees will receive a copy of "C is for Conquer"

### From Surviving to Thriving

Through Kaity's Way, public speaking, and now my book, I have the platform to share the lessons I have learned. I have lived through a domestically abusive environment and all it entails, the murder of a child, the sudden death of my sister and breast cancer. But through it all I have not just survived, but have learned to thrive. I approach each day with love and joy in my heart and most of all am thankful to be alive. If my story can help just one person, I've succeeded.

4:30pm - \$10

**Tracy Melchior**

**Hormone Disruptors in Daily Products**

Endocrine Disruptors. What exactly are they? What is our endocrine system? We often hear things promoted as “Paraben Free” or “No Phthalates” but why is that important? How is it even pronounced? They say you either make time for your wellness or you will be forced to make time for your illness. We mainly focus on diet and exercise: work out a few times a week, eat 3 times a day. Compare that to the 20,000 breaths we take per day. What we are inhaling has more significance than we realize. What are we unwittingly bringing into our homes that could aggravate our health. I will discuss what you put on your skin as well. Our largest organ is bombarded by chemicals before we even leave the bathroom in the morning. There is a lot of consumer manipulation.

*Sunday April 3<sup>rd</sup>*

11:00am - \$10

**Andrea Twitchell - Taahaabaah Therapeutic Services**

**Indigenous Healing Practices**

I am presenting my experience of walking in two worlds as a Navajo and Anglo woman and how I am integrating Navajo traditional value systems with my training and education in western medicine to serve the collective.



1:00pm - \$20

**Pete Walters - Proceeds will benefit disabled veterans association**

**From Communism into the Light**

Pete will bring to life the bizarre and twisting road his life took him detailing the dangers, hardships, poor decisions and the ultimate place he found himself. He has been asked to write about his life, some even commenting on how “interesting” his life has been while others, remembering his school days, marvel at the stability he has attained. He is quick to note that this is not in any way meant to marginalize those who have struggled as well. We must all face what life gives us... It’s how we process it that determines the outcome



3:00pm - \$20

**Carol Lucia Lopez**

**Re-Membering your Purpose Group Hypnosis**

In this group hypnosis, I take the audience to three scenes from the past to re-discover their life purpose, exploring what brought joy and passion as youth, as well as one scene from the future that shows them doing what they love. This is followed by a meditation that reinforces their newly re-membered excitement for their life purpose.



## Andrea Twitchell

*Taahaabaah Therapeutic Services*

Ya' at' tee! I am born into the Bitterwater Clan of the Navajo Nation and born for the Latter-Day Saint lineage. I was born on the Navajo reservation and was blessed to be raised as a young Native American woman for over 20 years in the Washington, D.C. metro area. Education, real-world experiences, and Indigenous lifeways has always been paramount in how I view and walk in the Glittering World. Over the past 13+ years I have accumulated education and hands-on training in the healing arts to address mental, emotional, physical, and Spiritual imbalances. As a practitioner of the Healing Arts, it is my intention to create mind, body, and Spiritual awareness for individuals, and the collective, to cultivate insight into our own gifts and challenges as sentient beings. I use intuitive and integrative approaches in my Therapeutic Massage practice when tending to physical and energetic imbalances. I also provide Counseling, Art Therapy, Eco-Psychology and other various ceremonial services to instigate deeper levels of consciousness for a greater sense of well-being. I hold a dual Master's Degree in Clinical Counseling and Art Therapy; a Bachelor's degree in Psychology & Anthropology; and a dual certification in Massage and Somatic Polarity Therapy.



## Dr. Armaiti May

*Dr. May's Veterinary*

Armaiti May, DVM is a practicing housecall veterinarian, advocate for animal rights and medical freedom. A 2005 graduate of the University of California, Davis School of Veterinary Medicine, Dr. May has trained in veterinary acupuncture, massage, herbal medicine, ozone therapy, and homeopathy. She has served as President of Vegan Toastmasters, a public speaking organization which empowers vegans to speak effectively on behalf of animals. She is the founding director of a non-profit organization called the Veterinary Association for the Protection of Animals which aims to raise awareness about the benefits of a vegan lifestyle.



## Aubrey Taylor

*Youth For Freedom*

Aubrey Taylor is known for her extraordinary listening, bold ideas, language mastery, and the kindness with which she speaks the truth. Her passion for creating meaningful relationships and helping individuals push outside of their comfort zones, both on stage and all areas of their life, is at the heart of her work. She is uniquely extraordinary in her work with youth and is committed to unleashing the leaders of the future. Check out her summer camp and other programs focused on teen leadership: [www.youthforfreedom.org](http://www.youthforfreedom.org)



## **Bobbi Sudberry**

*Bookin' It With Bobbi*

Bobbi Sudberry is a native Arizonan, born in Ajo, Arizona to a family of copper miners. In the seventh grade she wrote a paper about aliens. It was so well written she was asked to read the story to the younger classes.

Life happened, and Bobbi put down the pen for a time. Bobbi has been on many journeys, some of her choosing, and some at the choosing of the universe. Every trial and tribulation she chooses to look at as a life lesson. Her education and work experience in retail, pharmaceuticals, law and home health has prepared her for many things to come in life.

Bobbi has published the article “When a Parent is Born” for Kaity’s Korner, for Kaity’s Way, the nonprofit organization she and her husband founded after the death of their daughter Kaitlyn. Through Kaity’s Way brings awareness to the issue of teen dating violence and educate the importance of healthy relationships. She has a sincere want to help others and hopes sharing her journeys will provide insight, comfort and a chuckle for others to brighten their day.



## **Carol Lopez**

*Carol Lucia Frequency Healing*

Carol Lucia guides individuals through self-discovery and self-healing using a variety of tools including Beyond Quantum Healing (BQH), PSYCH-K®, and hypnotherapy. A Certified Hypnotherapist, PSYCH-K® Facilitator, BQH Practitioner, and MBA, one of Carol’s greatest strengths is her ability to see beauty and potential in every individual. She is dedicated to empowering clients to actualize the beauty, divinity, and strength within themselves.



## **Cathy Clements**

*Cathy Clements Fitness*

Cathy retired from a 30-year career as an NCIS Special Agent September 2018. As Cathy matured, she discovered staying in shape more challenging. In her mid-40s, Cathy deployed to Iraq and Afghanistan, conducting operations to support US and coalition forces and found the experience physically challenging. When she retired, she began her career in health and fitness in earnest. She is a National Academy of Sports Medicine Certified Personal Trainer, Nutrition Coach and Women’s Fitness Specialist. Additionally, she is a Nutrition Fitness Specialist, Certified TRX Instructor and Balance Instructor. Cathy believes learning never stops and is currently getting certified as a Weight Loss Specialist. Cathy believes fitness and nutrition should be fun! Cathy lives in Prescott with her husband, Lee, two dogs and two cats. Her twin 20-somethings are beginning their lives on the east coast.



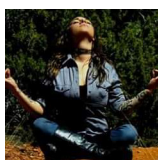


## Cristina Mohr

*Blue Lotus Network*

Cristina Mohr had her initial Spiritual Emergence in 2013. It's been a long road to recovery, discovery then action. She is a Co-founder at Blue Lotus, where she and her team are pushing for the integrated approach in mental health, where holistic options are offered first and foremost and medical autonomy is respected. She is a Psychology student at Yavapai College. With a Peer Support certification through NAZcare, becoming a Mental Health First Aid Responder through the National Council for Behavioral Health, and 7 years of training and 38 years of experience with art (including having experienced an art therapy program that she learned and grew from), Cristina has come up with a program that may help you progress, delight, and, perhaps, become a budding artist along the way. You can find her at Healing Through Creativity at Blue Lotus.

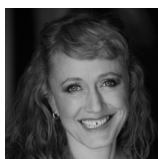
(Photography by Laurel Calhoun LinkedIn: laurel-calhoun-a03918145)



## Ishani Balley-Wood

*Gypzy Rose Theater*

Ishani Balley-Wood, a modern day alchemist blending the beauty of ancient medicines, art and a dash of Mad Science. After stepping away from the medical field, life called her through a personal journey of "the path of the wounded healer" and back again. A gypsy traveler and priestess tending life's most sacred veils of birth, overcoming shadows and death. She brings dialogue and advocacy to the stage touching on tender topics including PTSD, suicide awareness, addiction and violence against women. Her goal is to bring ancient wisdom into the realm of modern chaos.



## Jesselynn Desmond

*Oracle J*

Jesselynn Desmond has been a part of LIB since the very beginning and has an unparalleled passion for healing and joy exploring far beyond the confines of infinite possibility, fueled with boundless energy from mysterious and unknown sources with amazing talent oozing from every pore. Author, Entertainer, Public Speaker, Energy Healer, Psychic, Mind/Body/Spirit Coach & Breath work/Meditation Teacher; Jesselynn started professionally acting at age 3 in Lake Tahoe, NV at Caesar's Palace and graduated from American Academy of Dramatic Arts. Her life's purpose is contributing to the elevation of humanity using all her gifts & talents.



## Kay Aubrey-Chimene

*RMT, CLTI, CPIT - Photonic Therapy Institute*

Kay Aubrey-Chimene, RMT, CLTI, CPTI is an internationally known Bio-Nutritional Consultant and Light Therapy Educator who founded and directs Photonic Therapy Institute. As a writer, speaker and educator, she teaches internationally with a primary focus on using a Cleanse \* Nourish \* Balance approach toward health for all species. Kay hosts weekly webinars on best practices for attaining maximum results from any light therapy tools. She is the driving force behind the live and online Light Therapy and Photopuncture courses hosted by Photonic Therapy Institute. Her revolutionary courses on Photopuncture Light Therapy combine the accuracy of acupuncture with the healing power of light and are recognized for a national certification by B.A.H.N.S. (Board of Advanced Natural Sciences).



## Pete Walter

Born in 1953 into the Newark, NJ riots, Pete’s father abandoned the family leaving his mom in a mental hospital with a nervous breakdown. Pete and his sister shuttled through three foster homes because, at 3 years old, Pete was so wild; the foster parents were afraid he would get killed on their watch. At 17 he entered the U.S. Marines and while overseas in 1972, during the Vietnam conflict, frustrated with how the war was being waged, Pete was “Co-opted” by two communist front organizations that convinced him Communism was the cure all for the world’s problems. The road he took was, as usual, a wild one that got him thrown out of Japan, however the Marines kept him. Pete’s final road passed through cult’s and more “-isms” until in 1978 he learned the truth that settled him down... for life!



## Tracy Melchior

Tracy Melchior is an American actress mostly known for her role on the daytime soap opera *The Bold and the Beautiful*. Several years ago she began having mysterious symptoms that sent her on a long wellness journey. Some of the health issues included Hoshimoto and Hypothyroidism. It is now her passion to share what she learned on her journey about Endocrine Disruptors in our everyday products. Although not a doctor and didn't even play one on TV she truly hopes her story can help others.



## Adams Masters

*Health Disclosure*

At age ten, people started calling Adam Masters a healer. Adam could take pain out of people simply by laying his hands on them. When Adam contracted cancer and Rheumatoid Arthritis that left him in a wheel chair, he advanced his healing abilities to solve any disease he came across using his Health Matrix to healing.



## Rachel Huveltdt

*RN, MPA - BIOLight Therapy*

Rachel Huveltdt, RN, MPA is the founder of BIOLight Therapy. She offers Light Therapy, a holistic drug-free treatment, that stimulates the body's natural healing process. Some of the services she offers are treatments for pain, non-healing wounds, neuropathy, respiratory illnesses and neurological age related illnesses.



## Dr. Nick Schembri

*Prescott Family Chiropractic*

Dr. Nick Schembri is passionate about providing the members of the Prescott community with cutting-edge treatment at his wellness care center. At Prescott Family Chiropractic we offer a unique chiropractic experience, specializing in customized, compassionate care for parents, grandparents, babies, kids, and moms-to-be.



Superb Food Company is a roving food truck offering full service, on-location catering in Prescott, Arizona, the quad cities and surrounding areas.

We build custom menus that are seasonal, wholesome and delicious using sustainably sourced ingredients that nourish our bodies and community.

Let us cater your next event!

Check our calendar to see where we are parked!

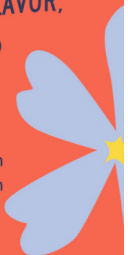
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**Scott R Moyer**  
*The Biological Advantage™*

Scott R. Moyer has worked in the health field his entire life as a researcher, teacher, natural practitioner, and metaphysician. He’s taught modalities such as Electroacupuncture, Darkfield Microscopy, and Iris Evaluation to practitioners in the United States, Canada and Europe. Scott is the founder of “The Biological Advantage,” a consulting firm for entrepreneurs, business owners, and independent professionals who seek effective health and longevity solutions.



**Tina Marie**  
*Learn The Risk* 

A mother of 5, who transitioned from mainstream ways back to freethought and nature. An unschooling mom, and longtime activist!

Tina is dedicated to educating and empowering people to step outside the system that profits off keeping us sick and weak. Tina became President of Learn The Risk, a grassroots educational platform that educates on the dangers of vaccines and pharmaceuticals products, after the suspicious and untimely death of her good friend, Brandy Vaughan.



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veganvet.net  
veganvet@gmail.com


The Biological Advantage™  
Scott R. Moyer  
Cottonwood, AZ  
(928) 646-9529

Quantum Health Organics  
Candie Castillo  
Fountain Hills, AZ  
(480) 826-0705  
Quantumhealthorganics.com  
Qho@quantumhealthorganics.com

Youth for Freedom  
Aubrey Taylor  
Gilbert, AZ  
youthforfreedom.org  
contact@youthforfreedom.org

Bookin' It With Bobbi  
Bobbi Sudberry  
Phoenix, AZ  
Bookinitwithbobbi.Blogspot.Com  
bobbisudberry@gmail.com

Dead Star Press  
Phoenix, AZ  
deadstarpress.com  
deadstarpress@gmail.com

Learn The Risk   
Phoenix, AZ  
learntherisk.org  
info@learntherisk.org

All Athletes Welcome  
1314 Rhinestone Dr  
Prescott, AZ 86301  
(928) 582-0752  
allathleteswelcome.com

Artful Healthcare  
Helen Goodrum  
143 North McCormick St, Suite 101  
Prescott, AZ 86301  
(510) 543-4994  
artfulhealthcare.com

Beat Wellness: Young Living  
& Trail Sisters  
Danielle Ott  
Prescott, AZ  
(760) 812-0559  
dyellottbewell@gmail.com

BEND Hot Yoga Prescott  
434 W. Goodwin Street  
Prescott AZ 86303  
(928) 277-4430  
bendhotyogaprescott.com  
samantha@bendstudios.com

BIOLight Therapy  
Rachel Huvelde RN, MPA  
172 E Merritt Street  
Prescott, AZ 86301  
(408) 333-9821  
rachel@biolighttherapy.net  
biolighttherapy.net

Blue Lotus Network  
Cristina Mohr  
Prescott Valley, AZ  
bluelotusnetwork.com  
cristina@bluelotusnetwork.com

Bowen's Botanicals  
522 E Sheldon St  
Prescott, AZ 86301  
(928) 458-7413  
bowensbotanicals.com

Breathe Play Love Yoga  
Prescott, AZ  
breatheplayloveyoga.com  
Connect@breatheplayloveyoga.com

Carol Lucia Frequency Healing  
Carol Lucia Lopez  
141 S McCormick St, Ste 103  
Prescott, AZ 86303  
(928) 327-1256  
carollucia.com  
carollucia@carollucia.com

Cathy Clements Fitness  
Cathy Clements  
Prescott, AZ  
(912) 602-8486  
Cathysclements.com  
cathy@cathysclements.com

Chef Turtle's Infusion  
Consulting LLC  
Neil McAlister  
(602) 663-0179  
chefturtle420@gmail.com  
Instagram: @chefturtle420  
Facebook: @chefturtlesinfusions  
www.chefturtlesinfusionkitchen.com

Cliff Rose Hair Studio  
Teri Dayton  
Prescott, AZ  
(951) 288-6214  
@cliff\_rose\_hair\_studio  
facebook.com/CliffRoseHairStudio

Embody Wellness Center  
Suzan Hooper  
634 Schemmer Dr. Unit 302  
Prescott, AZ 86303  
(928) 443-1761  
embodywellnessaz@gmail.com

Encompass Physical Therapy, PLLC  
Andrea Durante  
Prescott, AZ  
(630) 669-1082  
durantePT35@gmail.com

Fellowship of Christian Athletes of  
Northern Arizona  
PO 12755  
Prescott, AZ. 86304  
928 460 9281  
fcanaz.org  
tmitzel@fca.org

Founding Fathers Collective  
218 North Granite Street  
Prescott, Arizona, 86301  
Foundingfatherscollective.com

H2O Health  
3250 E Gateway Blvd Ste 162  
Prescott, AZ 86303  
(928) 899-7504  
H2ohealth.com

Healer's Hand Rx  
130 W Gurley St #305  
Prescott, AZ 86303  
(928) 642-5622  
healershandrx.com

Healthy Happy and Fit  
Sharon Edwards  
Prescott, AZ  
(541) 521-0272  
sharonlynnedwards.com  
sharonledwards@hotmail.com

Hike Shack  
104 N Montezuma St  
Prescott, AZ 86301  
(928) 443-8565  
thehikeshack.com

Nature's Medicinary  
Susan Godman  
343 S. Montezuma Street  
Prescott, AZ 86303  
(928) 445-2900  
naturesmedicinary.net  
naturesmedicinary@gmail.com

Oh Babe  
Stephanie Wetherington  
619 Miller Valley Road  
Prescott, AZ 86301  
(928) 642-7399  
ohbabeaz.com  
ohbabeaz@gmail.com

Polynesian Siva  
& Siva Sisters Backyard Luau  
Rycci Laulau  
Prescott, AZ  
(928) 642-5822  
polynesiansiva.com  
polynesiansiva@gmail.com

Prescott Complete Care  
1947 Commerce Center Circle  
Prescott AZ 86301  
(928) 458-5723  
prescottcompletecare.com  
prescottcompletecare@gmail.com

Prescott Family Chiropractic  
Dr. Nick Schembri  
728 N Montezuma St, Suite A  
Prescott, AZ 86301  
(928) 277-4992  
prescottfamilychiropractic.com  
prescottfamilychiro@gmail.com

Safer Cleaning Solutions  
Dayna Ross  
(928) 264-1843  
safercleaningsolutions@gmail.com

Shane Zen Music  
Prescott, AZ  
(862) 432-5878  
@ShaneZenMusic  
Shanezenmusic.com  
Shanezenmusic@gmail.com

Spa Petite  
Lisa Zaryczny  
119 Grove Ave Ste A  
Prescott, AZ 86301  
(928) 533-3503  
spapetiteinprescott.com  
spapetite.lisa@gmail.com

Superb Food Co.  
218 N Granite St  
Prescott, AZ 86303  
(928) 846-3722  
superbfoodco.com

The Institute of Human Imagination  
Jerry Zaryczny  
119 Grove Ave  
Prescott, AZ 86301  
(928) 710-8898  
tiohi.com

Three Goddess Gardens, LLC  
& Wholistic Witch Wellness  
Tiffany Seale  
143 N McCormick St, Suite 102  
Prescott, AZ 86301  
(928) 830-7234  
threegoddessgardens.com  
threegoddessgardens@gmail.com

Transitional Lifestyle Weight Loss  
Coach  
Jamie Allred  
Prescott, AZ  
tlsslim.com/jamieallred  
jiallred1@yahoo.com

Vibes Juice Bar  
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Prescott, AZ 86303  
(928) 254-3694  
vibesjuicebar.com

Yogi On The Go  
Lisa Bockman Arata  
Prescott, AZ  
facebook.com/YOTGPrescott  
lisakayb7@yahoo.com

AZMEDIQUIP  
Esperanza Conchos  
7800 E Highway 69  
Prescott Valley, AZ 86314  
(928) 800-5950  
azmediquip.com  
esperanza@azmediquip.com

Gem Trading Post  
Brandon Barr  
6201 E 2nd Street  
Prescott Valley, AZ 86314  
(928) 830-5539  
thegemtradingpost.com  
thegemtradingpost@yahoo.com

High Desert Herbals  
Rebekah Smith  
Prescott Valley, AZ  
highdesertherbals.com  
rebekah@highdesertherbals.com

Montezfit  
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Prescott Valley, AZ  
(702) 339-4860  
Montezfit.vasayo.com  
montezfit@gmail.com

Norwex  
Cindy Gosting  
Prescott Valley, AZ  
(714) 728-7716  
<https://linktr.ee/CindyGosting>  
cindy@2012greencleaning.com

Pet HeadQuarters  
2710 N Glassford Hill Rd Suite D  
Prescott Valley, AZ 86314  
(928) 775-5558  
Petheadquartersaz.com  
Lymanazpethq@gmail.com

Purposefully Placed Organizing AZ  
Sharon Chase  
Prescott Valley, AZ  
(586) 918-0810  
PurposefullyPlacedAZ@protonmail.com

Restivo's Wrenches  
Scott Restivo  
Prescott Valley, AZ  
(781) 640-7363  
restivoswrenches.com  
restivoswrenches@gmail.com

The Happy Hippie  
Steven Ross  
Prescott Valley, AZ  
Thehappyhippiecbd.com  
guru@thehappyhippiecbd.com

Wish Flower  
Sarah Hart  
Prescott Valley, AZ  
(916) 459-0497  
facebook.com/wishflowerdesign

Yavapai Mattress Warehouse  
Michael & Melodie Bold  
6443 E Copper Hill Dr  
Prescott Valley, AZ 86314  
(928) 925-1661  
yavapaimattress.com  
yavapaimattress@gmail.com

Oracle J  
Jesselynn Desmond  
Sedona, AZ  
jesselynn.net  
lulitalulu@gmail.com

Photonic Therapy Institute, LLC  
Kay Aubrey-Chimene, RMT, CLTI,  
CPTI  
Sonoita, Arizona  
O: (304) 805-4448  
C: (520) 631-4206  
photonitherapyinstitute.com  
kay@photonitherapyinstitute.com

Path of Wellness Acupuncture and  
Healing Arts  
Nicole Berrios  
1801 S. Jentilly Lane Suite B8  
Tempe, AZ 85281  
(480) 712-7032  
Pathowellnessacu.com  
Info@pathofwellnessacu.com

Taahaabaah Therapeutic Services  
Andrea Twitchell  
4700 McClintock Dr, Suite 190  
Tempe, AZ 85282  
(602)753-8480  
Taahaabaah.com  
Taahaabaah@gmail.com

Transcendence Life Center  
Jen McKinney  
123 E Baseline Rd D105  
Tempe, AZ 85283  
(816) 591-5684  
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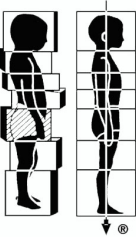
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Doors Open @ 7:00pm

The Mighty Kindred is a Reggae Rock band from Phoenix, AZ. Formed by 3 childhood friends who wanted to create music with a positive message and an uplifting sound. 25 years later, the band has grown and are proud to have played with a positive, uplifting energy. We have been blessed to record and perform with legendary artists. New album for 2022 (The Return of the Mighty Kindred). Set for release this summer.

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